



## Beyond Gloom and Doom

Like most of you, we at OCA and Regeneration International are sick and tired of gloom and doom, false promises, and authoritarian/technocratic schemes.

Our prescribed cure for the climate crisis is to combine organic and regenerative food, farming, and land-use with a gradual but steady movement toward alternative sources of energy and energy conservation.

Regenerative practices, properly framed, can appeal to farmers, ranchers, and consumers; (most) Republicans, Democrats, Greens, and Independents; urban and rural conservationists; young climate and food activists; and even ethically-minded businesses and investors.

Read more: <https://orgcns.org/3NndOBM>

## Healthy Food is a Populist Issue

The recent surge in demand for organic food, natural health supplements, and home-cooking during the pandemic, are certainly not partisan trends. Increasing numbers of Republicans and Democrats, as well as Independents, are becoming organic consumers, that is if they can afford to buy organics, given the increasing high costs of living (housing, transportation, health care, education, taxes) in the U.S. In this regard, putting more money in ordinary people's pockets, fighting for economic justice and supporting working class struggles are one way that we can make organic food more affordable for everyone, not just the middle-class.

Read more: <https://orgcns.org/3qxZ3IP>

## Stop the Weaponization of Pathogens

Absent from most of the day-to-day mainstream coverage of COVID-related issues is the life-or-death conversation we *should* be having: How do we make sure that this—or something much worse—never happens again?

On that question, there should be no debate: It's time to end the reckless genetic engineering and weaponizing of pathogenic viruses and organisms, carried out under the guise of "biomedicine" and "biodefense," by demanding an immediate and total global ban on all gain-of-function research.

Take Action: <https://orgcns.org/swp>

## Bill Gates and His "Red Meat Witch Hunt"

OCA believes that vegetarians, ethical-minded carnivores, and environmentalists can come together with family farmers and ranchers to expose the hazards of factory farms and genetically engineered meat and animal products, and make regenerative food and farming, land stewardship, and humane animal husbandry the norm, rather than just the alternative..

Bill Gates and his Great Reset buddies think that it's fine to genetically engineer, not only viruses, pathogens and drugs, but humans, animals, and our foods as well.

Read more: <https://orgcns.org/3qxxy>

## Join Alexis and Ronnie for OCA's Weekly Podcast

OCA has launched a new (uncensored) live video podcast every Thursday at 1 pm Central (11 am Pacific, 2 pm Eastern) time. This week we will be discussing "Populist and Regenerative Solutions."

In OCA's weekly one-hour podcast we go over the current burning issues featured in Organic Bytes, "connecting the dots" between the different articles and answering questions from our subscribers. The OCA Thursday podcast is free, and you can watch previous episodes, but you must register at Rokfin.com—which more than 12,000 of our subscribers have already done.

Register and watch on Rokfin: <https://orgcns.org/3LliSd>  
Watch previous podcasts, and listen to audio of Ronnie's most recent articles: <https://orgcns.org/3pZyFku>

## How to Detox from the Engineered COVID Spike Protein

Most Americans have now had a direct encounter with lab engineered virus spike proteins, whether from being infected with COVID, injected with an experimental "gene transfer" mRNA "vaccine," or both. Millions are still suffering from the "long haul" side effects of the virus or the "Emergency Use," rushed to market "vaccines." OCA's favorite doctor, Joseph Mercola, has some advice for those of us hoping to detox from our recent encounters with engineered spike proteins, whether voluntary or involuntary.

Read More: <https://orgcns.org/3JJ4g1x>

## A Populist Solution to the War in the Ukraine

21st Century populists need to become more vocal in our opposition to war, militarism, nuclear and biological weapons, and all forms of imperialism. No one really wants war, outside of the military-industrial complex, but the mass media and Congress have yet once again whipped up the body politic, Republican and Democrats, conservatives and "progressives" alike, into a frenzy. Hopefully you watched the recent Oliver Stone movie, *Ukraine in Flames*, which we recommended in last week's Organic Bytes.

After watching Stone's movie, please listen to this 34-minute audio podcast with Robert F. Kennedy Jr. and investigative reporter Whitney Webb. In this interview you can learn more about the CIA/Deep State role in the war in the Ukraine, the standoff between the global superpowers, and where, as anti-war populists, we can go from here.

Watch the interview: <https://orgcns.org/3JFDPdc>

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