**Regenerating Our Health**

Processed foods, or to be precise, lab- and industrially-processed “food-like substances,” featured in supermarkets and convenience stores, served up in restaurants, schools, cafeterias, nursing homes, and your own kitchen, are omnipresent, cheap, convenient, deliciously and addictively sweet and/or flavored, but unfortunately poisonous.

Big Food’s culinary assault on our health is aided and abetted by Big Pharma, Big Biotech, and indentured public officials who deliberately and profitably focus on the symptoms of toxic food and chronic disease, while ignoring the cure for America’s deadly chronic disease epidemic: home-cooked, healthy fresh food, locally and regionally-produced, raised organically and regeneratively, and a healthy environment.

Read more: [https://orgens.org/3td1MCf](https://orgens.org/3td1MCf)

**Vandana Shiva: Stopping Gates’ Global Takeover**

In this 15-minute video excerpt, Russell Brand interviews OCA’s longtime ally, Vandana Shiva, on how we can stop Bill Gates’ attempted takeover of our food system and the world. Gates’ new food dystopia of GMOs, fake meat, and industrial agriculture as Vandana and Brand point out, is just part of the global elite’s master plan, revealed clearly during the COVID-19 pandemic, to impose technocratic and authoritarian control over every aspect of our lives...

Brand asks Vandana “what hope is there for a new world campaign” of resistance and regeneration? Shiva’s response, with her always hopeful and powerful words, is that we must ally ourselves “with the spiritual power of the universe” and “never give up.”

Watch more: [https://orgens.org/3M8Rwlh](https://orgens.org/3M8Rwlh)

**What is the Medical Truth?**

In this comprehensive and well-documented update, Dr. Russell Blaylock pulls no punches:

“The COVID-19 pandemic is one of the most manipulated infectious disease events in history, characterized by official lies in an unending stream lead by government bureaucracies, medical associations, medical boards, the media, and international agencies. We have witnessed a long list of unprecedented intrusions into medical practice, including attacks on medical experts, destruction of medical careers among doctors refusing to participate in killing their patients and a massive regimentation of health care, led by non-qualified individuals with enormous wealth, power and influence.”

Read more: [https://orgens.org/3zdqSVv](https://orgens.org/3zdqSVv)

**Turning the Earth into a Garden of Eden**

Our sister organization, Regeneration Health International (RHI) launched a new website June 1. Melissa Diane Smith, inspired by Andre Leu’s new book, Growing Life: Regenerative Farming and Ranching, has written an excellent article for RHI called: “What is Regenerative Agriculture?”

Smith writes: “Unlike industrial agriculture, regenerative agriculture improves the land rather than depletes it. Regenerative agriculture uses practices that regenerate and revitalize the soil and the environment. Regenerative agriculture sequesters carbon dioxide from the atmosphere to convert into soil organic matter, thereby mitigating climate change. Regenerative agriculture increases levels of soil organic matter, which leads to multiple positive outcomes in food, nutrition, farming, the environment, and biodiversity. Soil health is the key principle of successful regenerative farming. The practices used to improve soil health can vary from farm to farm. Imagine turning the Earth into a Garden of Eden where all life flourishes in diversity for the well-being of all. This vision can become a reality by embracing, fostering, adopting and expanding regenerative agriculture, which takes farming to a remarkably beneficial new level.”

Read more: [https://orgens.org/3ah3tIk](https://orgens.org/3ah3tIk)

**Elevating the Voices of Farmers and Ranchers**

A new grassroots coalition spearheaded by OCA’s ally, Kiss the Ground, is beginning to organize to pressure Congress, both Democrats and Republicans, to make Regenerative Agriculture a major focus of the 2023 Farm Bill. Even though Congress has proven itself to be alarmingly corrupt and brain-dead on most of the issues that concern us, there are signs that our nation’s food, farming, environmental, climate, and rural crisis has grown so severe that even a significant number of Washington bureaucrats may be ready to listen to us.

As Kiss the Ground explains: “Regenerate America is an unprecedented coalition of farmers, businesses, nonprofits, and individuals from every corner of our country and all political stripes. Together, we are elevating the voices of farmers and ranchers demanding that the 2023 Farm Bill shift resources & support towards regenerative agriculture.”

Read more: [https://orgens.org/3zqL8yH](https://orgens.org/3zqL8yH)

**Bill Gates Lays Out Plan for Global Takeover**

Dr. Mercola reports: “The World Health Organization is attempting to seize control over global pandemic monitoring and response and, ultimately, all health care decisions. Bill Gates intends to play a key part in this takeover.”

Read more: [https://orgens.org/3m1OSm5](https://orgens.org/3m1OSm5)