



## Declaring Independence

### Crossing the Rubicon: The Point of No Return

Recent polls and personal experience tell us at OCA that a critical mass of the body politic are fed-up and disgusted, ready to start turning away from discredited Establishment politicians (including both Biden and Trump) and the two dominant political parties, know-nothing medical authoritarians, vaccine profiteers, and the global elite. A new populist majority (transcending the failed ethics and politics of both the traditional liberal/left and the conservative/right) are ready to break down the walls that divide us, regenerate our health and our spirits, and build a New Nation on the rubble of the so-called United States and United Nations. This epic journey and struggle will not be easy, but tapping in to the power of Mother Earth and the Great Spirit, and channeling the incredible power of love, human creativity, and solidarity, we still have enough time left to turn things around.

Read more: <https://orgcns.org/3OVB8qn>

### Toxic Food Chemicals Banned in EU, but OK in the US?

Mikaela Conley writes in The Guardian:

“There’s a hidden ingredient used as a whitener in an array of foods, from candies and pastries to cheeses and gum. It’s called titanium dioxide, and while commonly used in the US, it’s being banned in the EU as a possible carcinogen. The additive, also known as E171, joins a host of other chemicals that are banned in foods in the European Union but allowed in the US.

These include Azodicarbonamide, a whitening agent found in food such as breads, bagels, pizza, and pastries in the US, which has been banned in the EU for more than a decade. Known as the “yoga mat” chemical because it is often found in foamed plastic, the additive has been linked to asthma and respiratory issues in exposed workers and, when baked, to cancer in mice studies.

Potassium bromate, an oxidizing agent often found in bread and dough and linked in animal studies to kidney and thyroid cancers, has been banned in the EU since 1990 but is still commonly used in the US. Brominated vegetable oil is also banned in the EU but is used as an emulsifier in citrus sodas and drinks in the US. Long-term exposure has been linked to headaches, memory loss and impaired coordination.

The Food and Drug Administration classifies these food chemicals, and many others prohibited by the EU, as ‘generally recognized as safe.’ “

Read more: <https://orgcns.org/3bNx2lt>

### Can Agroecology Solve the Food Crisis?

In most of the world organic food and farming are described more broadly as “agroecology.” The Institute for Agriculture and Trade Policy writes: As an approach, agroecology is fundamentally different from other approaches to agriculture and food systems development and represents an alternative paradigm in direct contrast to industrial agricultural approaches. Agroecology integrates transdisciplinary knowledge, the practices of food producers and eaters, as well as the priorities of social movements, while recognizing their mutual dependence. Whereas the current industrialized system is extractive and exploitative, agroecology recognizes the interdependence of living systems and honor the principles of balance, diversity, harmony and respect. Agroecology creatively enables those involved in the food systems to connect with each other and solve problems specific to their unique situations.

Read more: <https://orgcns.org/3RgRHia>

### They’re Coming for Your Backyard Chickens

Kit Knightly in The Off-Guardian reports:

“Since the ‘bird flu outbreak’ first hit the headlines OffG has been predicting how the inevitable agenda would unfold. The first impact was as obvious as it was predictable – the price of chicken and eggs went up, this was just another front in the war on food.

The second planned impact was less immediate, but just as predictable if you know how to read the media, and potentially far more harmful in the long-term – clamping down on alternative chicken farming. This includes both organic farms and individuals keeping their own chickens in their garden.

It didn’t take long for the media to prove us right. In fact, the Guardian has done it twice in the last ten days.

Read more: <https://orgcns.org/3RjLCl5>

### After Pandemia: Do We Forgive and Forget?

Charles Eisenstein writes:

“Oh my goodness. The social illness that the pandemic launched into its active phase is far from over... I’d kinda like to move on... But I still have a lot to say that feels important to me. The COVID pandemic may be over (or it may not be), but the process it initiated has hardly begun...

We carry some unresolved feelings that make us resistant to going back to normal and forgetting it all happened. It isn’t that we are vindictive. It is tempting just to let everyone forget the whole thing. To let people forget that they excluded, denounced, canceled, censored, and ostracized us. I am willing to let bygones be bygones, except for one thing: How are we to know it won’t happen again?”

Read more: <https://orgcns.org/3uy22MS>

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