

appetite

FOR A CHANGE

If you are concerned about junk food ads in schools; about pesticide residues, hormones, and genetic contamination in school lunches; or toxic pesticides being sprayed on school grounds and in school buildings; if you think students should be learning about healthy food choices & sustainable agriculture—then you should become part of the Organic Consumers Association's *Appetite for a Change* Campaign!

Today we face a literal epidemic of food allergies, obesity, asthma, premature onset of puberty, childhood cancer, and diet-related behavioral and learning problems affecting the nation's youth.

The problems are clear.

The question is what are we going to do about them?

The Four *Appetite for a Change* Goals

- 1 **KICK** junk foods and junk food ads out of our schools.
- 2 **START** converting school lunches to healthier menus, using organic and transition to organic ingredients (no pesticides, antibiotics, hormones, or genetically engineered ingredients).
- 3 **STOP** spraying toxic pesticides on school grounds and in buildings and convert to integrated pest management practices.
- 4 **TEACH** students about healthy food choices and sustainable agriculture.

If you want to be part of an *Appetite for a Change* network in your area, sign the petition or fill out the attached form and place it in the ballot box. A local volunteer or Organic Consumers Association staff person will contact you.



Appetite for a Change Campaign
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