The Four Appetite for a Change Goals

1. **KICK** junk foods and junk food ads out of our schools.

2. **START** converting school lunches to healthier menus, using organic and transition to organic ingredients (no pesticides, antibiotics, hormones, or genetically engineered ingredients).

3. **STOP** spraying toxic pesticides on school grounds and in buildings and convert to integrated pest management practices.

4. **TEACH** students about healthy food choices and sustainable agriculture.

Today we face a literal epidemic of food allergies, obesity, asthma, premature onset of puberty, childhood cancer, and diet-related behavioral and learning problems affecting the nation’s youth.

The problems are clear. The question is what are we going to do about them?

If you want to be part of an Appetite for a Change network in your area, sign the petition or fill out the attached form and place it in the ballot box. A local volunteer or Organic Consumers Association staff person will contact you.

Appetite for a Change Campaign
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