



Bad Burgers

The world's largest meat packer, JBS Tolleson, is recalling nearly 7 million pounds of beef after an investigation identified JBS as the common supplier of ground beef products sold to people who developed Salmonella Newport, a disease that causes fever and diarrhea, weakness, dyspnea and, potentially, sudden death. As of October 4, 57 people in 16 states had been sickened by JBS beef.

If that's not enough to make you swear off industrial factory farm beef, here's more food for thought: There's a good chance the JBS beef was contaminated because it contained a combination of cattle raised for beef, and dairy cows sent off for slaughter because they were too sick to produce milk.

According to an article published this week in *The New Food Economy*, scientists have known since the 1980s that dairy cows are a primary reservoir of Salmonella Newport. The authors say the facts point to an "ongoing food safety crisis hidden in plain sight."

One way to address that crisis? End industrial dairy farming which creates the conditions that make cows susceptible to a host of painful and debilitating illnesses, including Salmonella Newport.

Take Action: orgcns.org/2wPoIWO

Tortilla Trouble

Maseca, the leading global brand of Mexican corn flours, plainly states on its website: "MASECA is made of 100% natural corn and is vital for the good diet, its high nutritional value and is synonym of health and energy." And yet, our tests show that samples of both white and yellow Maseca brand flours contain traces of Monsanto's Roundup weedkiller. Tests also show that most of the flours are made with GMO corn. That's bad news for U.S. consumers. It's even worse news for consumers in Mexico, who might rightly assume that the Mexican brand of corn flour they use to make tortillas wouldn't be made from GMO corn—because open-field growing of GMO corn is prohibited in Mexico. Take Action: orgcns.org/2lF6shi

New Era of Hope?

Dean Brooks grasped onto the shopping cart, suddenly unable to stand or breathe.

Later, at a California emergency room, a nurse with teary eyes delivered the news, telling his wife, Deborah, to hold out hope for a miracle. It was December 2015 when they learned that a blood cancer called non-Hodgkin lymphoma was rapidly attacking the man's body and immune system.

By July 2016, Dean was dead. Deborah gets emotional recounting the gruesome final chapter of the love of her life. But in recent months, she has had reason to be hopeful again.

In an historic verdict in August, a jury ruled that Monsanto had caused a man's terminal cancer and ordered the agrochemical corporation to pay \$289m in damages. The extraordinary decision, exposing the potential hazards of the world's most widely used herbicide, has paved the way for thousands of other cancer patients and families to seek justice and compensation in court.

Take Action: orgcns.org/2N856HT

Stay Strong

Minutes after a California jury ordered Monsanto to pay Dewayne Lee Johnson \$289.2 million, Monsanto-now-owned-by-Bayer vowed to appeal the verdict.

Monsanto attorneys were "sorry" that Johnson had cancer, they said. But Monsanto's Roundup weedkiller wasn't the cause. The biotech giant, despite overwhelming evidence to the contrary, wasn't guilty of hiding the carcinogenic truth about its flagship product, the lawyers said.

The jury was wrong, they said. Roundup is safe, they insisted. Yesterday, Judge Suzanne Bolanos, who presided over Johnson's case, listened to attorneys for both sides argue for and

against overturning the verdict. Instead of flat-out allowing the verdict to stand, she asked both sides to submit their arguments before she makes a final decision.

This is not how the justice system is supposed to work. Johnson, who is terminally ill with non-Hodgkin lymphoma, shouldn't have to prove his case all over again.

But, as we've seen over and over again, this is what happens when the profits of corporations trump the rights of the people.

Stay tuned for the next decision in this case. Meanwhile, stay strong. And keep fighting.

Make a tax-deductible donation to the OCA: orgcns.org/2NKPgTc Support Citizens Regeneration Lobby, OCA's 501(c)(4) lobbying arm (not tax-deductible): orgcns.org/2uSvqyO

More ways to support our work: orgcns.org/2LJU5vz

Silver Bullet

World hunger is on the rise. Scientists just moved up the deadline for addressing the looming climate crisis. Small independent farms are failing at an alarming rate.

According to three recent studies, one big change could go a long way toward addressing all three of these crises. By transitioning on a global scale to organic regenerative agriculture, we could feed more people, sequester more carbon and improve the economic prospects for farmers.

Three crises, one solution—a solution that will require a massive overhaul of food and farming policy, and a paradigm change in consumer behavior. Can we act in time? orgcns.org/2Edq349

Essentially Yours

The term "essential oil" actually comes from the idea of "quintessential oil." Aristotle believed that in addition to the four physical elements (fire, air, earth and water) there was a fifth element, quintessence. This was considered to be the "spirit" or life force of the plant. Today, essential oils are extracted from plants via two primary methods, distillation, which has been used since ancient times, and expression or cold pressing, which is used to extract citrus essential oils.

From now until midnight October 31, get 20% off your purchase of essential and carrier oils with this promo code: ORGANIC1018. Plus, Mercola will donate 20% of your purchase price to OCA.

Shop here: orgcns.org/2pL8r5J

